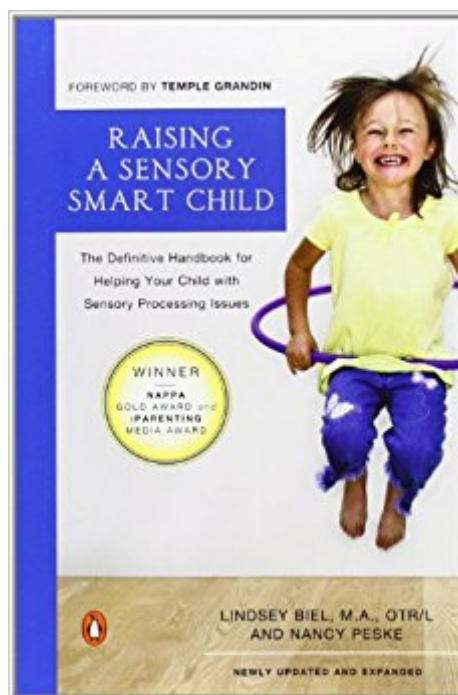




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# Raising A Sensory Smart Child: The Definitive Handbook For Helping Your Child With Sensory Processing Issues, Revised Edition



## Synopsis

The most comprehensive guide to sensory processing challenges. Loved and celebrated by parents, teachers, therapists, doctors and others, the new edition of *Raising a Sensory Smart Child* is a must-have volume for anyone who cares about a child with sensory issues. For children with sensory difficulties—those who struggle to process everyday sensations and exhibit unusual behaviors such as avoiding or seeking out touch, movement, sounds, and sights—this groundbreaking book is an invaluable resource. Sensory processing disorder, also known as sensory integration dysfunction, affects all kinds of children—from those with developmental delays, attention problems, or autism spectrum disorders, to those without any other issues. Coauthored by a pediatric occupational therapist and a parent of a child with sensory issues, this updated and expanded edition of *Raising a Sensory Smart Child* is comprehensive and more helpful than ever. Learn:

- \*How the senses actually work and integrate with each other
- \*How and where to get the very best professional help
- \*"Sensory diet" activities that meet your child's needs—including new tips and ideas for kids, teens, adults, and families
- \*Practical solutions for daily challenges—from brushing teeth to getting dressed to picky eating to family gatherings
- \*Using "sensory smarts" to help children with developmental delays, learning, and attention problems
- \*The special challenges of helping children with autism and sensory issues
- \* Ways to advocate for your child at school and make schools "sensory smart"
- \*How to empower your child and teen in the world
- \*Complementary therapies, resources, and helpful web sites

\*\*\*WINNER of the NAPPA GOLD AWARD and iPARENTING MEDIA AWARD\*\*\*

## Book Information

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## Customer Reviews

" A must read for all parents who have children with sensory integration issues." -Larry B. Silver, M.D., author of *The Misunderstood Child*"At last, here are the insights and answers parents have been searching for." -Dr. Temple Grandin

Lindsey Biel, M.A., OTR/L is a occupational therapist based in Manhattan, where she evaluates and treats children, adolescents, and young adults with sensory processing issues, developmental delays, autism spectrum disorders, and other developmental challenges. Lindsey specializes in remediating fine and gross motor delays, visual perceptual skill development, enhancing daily living skills, and improving sensory processing issues. She also helps families and schools to make simple modifications at home and school to enhance a child's ability to play, learn, and thrive. Lindsey is also the author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens*, published by W.W. Norton Mental Health. She writes articles for both professional and parenting publications and is the co-creator of the Sensory Processing Master Class DVD program along with Drs. Brock and Fernette Eide. She is a popular speaker, teaching workshops to parents, therapists, doctors, and others on practical solutions for developmental challenges and sensory strategies at home, school, and in the community. Nancy Peske is the coauthor of the *Cinematherapy* series. She lives in Shorewood, Wisconsin with her husband and son, who was diagnosed with SI dysfunction when he was two.

Having read all the books in this genre, I'm particularly impressed with this one written by Lindsey Biel and Nancy Peske. The book is PACKED with information and I find myself using it often as a reference. The authors start with understanding your child (and I find this helps understand yourself and family too!). They explain the seven senses in detail and how and why their functioning is important and how their senses alter their behavior. The next section is about working with Occupational Therapists and how YOU can help your child at home, in school and in the community. They go through EVERYTHING; from eating (at home and in restaurants - including special feeding issues!), potty training, the dreaded birthday parties and family get togethers, and much more...How to decorate and make your house more sensory friendly is explored as well as how to advocate for your child in their school. It's seriously a one stop shop book. There is too much info for me to list - it's all in there. The writers are clear and descriptive, making a sometimes difficult subject matter easy to understand and apply to your every day life. A MUST READ section is "Quick Tips for Calming an Overwhelmed Child." Thank you, thank you, thank you for this priceless advice.

This book is fabulous!

This book is packed with great information and has really helped us understand our son's sensory issues. It's also helped me to see everyday situations in a new light and has forever changed my perspective on the possibilities for my son's development and success in school.

This has been an eye opener for us. It has great idea. Have been in OT, PT, ST since birth (4 yrs) with CP. Great Ideas and new ways to deal with issues.

This book is very informative. My daughter was recently diagnosed with SPD and this book has been a lifesaver! I feel confident that I can now effectively advocate for her and help her get the support and additional sensory input she needs.

This book contains a lot of important information for anyone that wants to learn about Sensory Processing Disorder and activities to help. Thanks Lindsey Biel and Nancy Peske ! Your book has helped me to better understand SPD.

I am a preschool and kindergarten school principle. I really am very happy I bought this book. Usefull information compares to all other similar books I hv read. Easy to understand and mind-opening. If you have or work with children, it is a must have book!!!

Great information for parents with sensory kiddos.

This is such a great book; it's clear, concise and straightforward without a lot of technical terminology. Highly recommend this book for anyone with even small concerns about their child's sensory input.

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The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder  
The Out-of-Sync Child: Recognizing and Coping with Sensory Processing

Disorder (The Out-of-Sync Child Series) The Special Needs SCHOOL Survival Guide: Handbook for Autism, Sensory Processing Disorder, ADHD, Learning Disabilities & More! Raising Champions: Helping Your Child Grow Through Sports Smart Money Smart Kids: Raising the Next Generation to Win with Money Understanding Your Child's Sensory Signals: A Practical Daily Use Handbook for Parents and Teachers 101 Games and Activities for Children With Autism, Asperger's and Sensory Processing Disorders (Family & Relationships) Classroom Strategies For Children with ADHD, Autism & Sensory Processing Disorders: Solutions for Behavior, Attention and Emotional Regulation Songames for Sensory Processing: 25 Therapist Created Musical Activities for Improving Fine and Gross Motor Skills, Muscle Strength, and Rhythmicity Behavior Solutions for the Inclusive Classroom: A Handy Reference Guide That Explains Behaviors Associated with Autism, Asperger's, ADHD, Sensory Processing Disorder, and Other Special Needs Sensory Processing 101 Sensational Kids: Hope and Help for Children with Sensory Processing Disorder (SPD) Helping Your Hyperactive ADD Child, Revised 2nd Edition Motivate Your Child: How to Release Your Child's Inner Drive and Help Them Succeed in Life: A Parents Guide to Raising Kids, Inspire them, Student Success ... Engaged) (Life Psychology Series Book 1) A Smart Girl's Guide: Getting It Together: How to Organize Your Space, Your Stuff, Your Time--and Your Life (Smart Girl's Guides) A Smart Girl's Guide: Getting It Together: How to Organize Your Space, Your Stuff, Your Time--and Your Life (Smart Girl's Guide To...) A Smart Girl's Guide: Manners (Revised): The Secrets to Grace, Confidence, and Being Your Best (Smart Girl's Guides)

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